GREECE
CIRCUMNAVIGATING THE PELOPONNESE
aboard Running on Waves • May 19–28, 2016
Long known as the “cradle of Western civilization,”

Greece and the Peloponnese Peninsula offer an ideal blend of history, diverse cultural legacies, stunning natural beauty, and architectural treasures. You’re invited to join us as we sail warm, azure waters and explore the cities and sanctuaries of ancient Greece.

After a night at the Hotel Electra Palace at the foot of the Acropolis in Athens, an overland journey takes us across the Corinth Canal to the spectacular Temple of Apollo and Nemea, where antiquity’s Nemean Games were held. Then, we board the elegant, privately chartered yacht Running on Waves for a seven-night cruise around the stunning, sun-drenched coast of the Peloponnese Peninsula. Treasures of antiquity await with stops at Mycenae, whose impressive ruins once concealed the reputed mask of Agamemnon; the World Heritage site of Epidaurus and its spectacular theater; Monemvasia, a medieval fortress town that clings to an enormous rock; and mountainous Mystras, home of numerous medieval churches. We will trace the origins of the Olympic Games at ancient Olympia, probe the mysteries of the Oracle at Delphi, and cruise the Corinth Canal back to Athens. Should you wish to explore Athens further, a two-night optional pre-tour extension is available.

HIGHLIGHTS

Excursions to five outstanding World Heritage sites: Epidaurus, Mycenae, Mystras, Olympia, and Delphi.

Transit of the Corinth Canal, whose history extends back into classical times, including an unsuccessful attempt to build it in the 1st century AD.

Visits to Nemea, where in Greek mythology Heracles overcame the Nemean Lion and where the ancient Nemean Games were played, and Olympia, birthplace of the Olympic Games.

Seven nights aboard the intimate, state-of-the-art Running on Waves, a privately chartered yacht built, appointed, and staffed at the highest levels of comfort and service.
ITHENARY

THURSDAY–FRIDAY, MAY 19–20
HOME / ATHENS
Arrive in Athens and transfer to your hotel located in the historic Plaka District at the foot of the Acropolis. Gather this evening for a welcome orientation and reception.
HOTEL ELECTRA PALACE (R)

SATURDAY, MAY 21
CORINTH / NEMEA / NAFPLIO (EMBARK)
History comes to life in ancient Corinth, left intact by the Romans when they redeveloped the city (once home to 100,000 citizens and 460,000 slaves) as their provincial capital in 44 BC. Among Corinth’s treasures is the well-preserved Temple of Apollo and its massive Doric columns. Continue to Nemea, site of the Sanctuary of Zeus, which was developed in the 6th century BC with the establishment of the Panhellenic Nemean Games. If time allows, wander picturesque Nafplio before boarding Running on Waves in the harbor situated beneath the stunning Venetian Palamidi Castle.
RUNNING ON WAVES (B,L,D)

SUNDAY, MAY 22
MYCENAE / EPIDaurus
Ancient Mycenae was regarded as merely legend until its ruins were discovered in the 1870s by Heinrich Schliemann. Immortalized as “rich in gold” in Homer’s epic poems The Iliad and The Odyssey, Mycenae was a major center of Bronze Age civilization known for its imposing structures and gold treasures. It was here that the reputed mask of Agamemnon was unearthed in 1876. Continue to the UNESCO World Heritage site of Epidaurus, known for its Sanctuary of Asclepius, the god of medicine, and its 15,000-seat theater, an acoustic marvel built in the 4th century BC. This evening, cruise along the scenic eastern shoreline of the Peloponnese peninsula.
RUNNING ON WAVES (B,L,D)

MONDAY, MAY 23
MONEMVASIA
The medieval fortress of Monemvasia—the “Gibraltar of Greece”—is a massive rock rising dramatically from the sea, connected to the mainland by a causeway. The only entrance to Monemvasia is through an imposing, fortified gate. Explore the narrow cobbled streets of this charming town that clings to a hillside, stealing views across the channel as you go.
RUNNING ON WAVES (B,L,D)

TUESDAY, MAY 24
GYTHION / MYSTRA / AREopolis
From the port of Gythion drive to the ruins of medieval Mystras, a UNESCO World Heritage site perched high atop Mt. Taygetos. Beginning at the Kastro, the walled section, observe the elaborate frescoes and decorative facades that represent the breadth of creativity in art and architecture for which Mystras is known. Enjoy a tasting of locally produced olive oil before traveling through the Mani region. Its inhabitants, known as Maniots, have for centuries remained fiercely independent. Take a walking tour of Areopolis, where the Greek War of Independence began.
RUNNING ON WAVES (B,L,D)

WEDNESDAY, MAY 25
KALAMATA / MESSENE
Dock in Kalamata and drive north to ancient Messene, where ongoing excavations and restoration projects are under way at the expansive archaeological site. Messene’s temples, stadium, theater, nymphaeum, walls, towers, and tombs reveal a legacy of a once-vibrant city. Visit the on-site museum that displays extensive finds from the works in progress. Depending on conditions, there may be swimming and/or full-sail opportunities this afternoon.
RUNNING ON WAVES (B,L,D)

THURSDAY, MAY 26
KATAKOLON / OLYMPIA
Depart this morning for Olympia, site of the ancient Olympic Games and a vast complex that was both religious and secular. During the Games the Greek city-states were bound by a truce that forbade hostilities.
and focused attention strictly on athletic competition. Every two years, the Olympic flame still begins its journey from in front of the Temple of Hera at Olympia.

**FRIDAY, MAY 27**

**ITEA / DELPHI / CORINTH CANAL**

Call at Itea for an excursion to the spectacular ruins of Delphi. Located on the slopes of Mt. Parnassus, Delphi was the sanctuary of the influential Delphic Oracle and was considered by the ancient Greeks to be the center of the world. Its stunning setting and awe-inspiring architecture evoke the same reverence today as they did thousands of years ago. Return to the ship and cruise through the dramatic Corinth Canal, whose steep limestone walls soar nearly 300 feet overhead. Enjoy a farewell dinner on board as the ship returns to Athens.

**SATURDAY, MAY 28**

**ATHENS (DISEMBARK) / HOME**

Disembark this morning and transfer to the airport for flights home.

**OPTIONAL EXTENSION**

**MAY 17–20, 2016 (PRE-TOUR)**

**ATHENS**

Explore the Acropolis and the beautiful new Acropolis Museum, the Agora, the National Archaeological Museum, and the Benaki Museum. Extension details and pricing will be sent to confirmed participants or upon request.
Launched in 2011, *Running on Waves* combines the look of a classic three-masted sailing vessel with contemporary design and state-of-the-art facilities and equipment. She is modern, high-speed, and environmentally friendly, with a High Ocean Class rating that allows her to sail anywhere around the globe. All thirteen sails are deployed hydraulically from the deck by a four-man crew in a ballet-like production. The vessel meets all current SOLAS (Safety of Life at Sea) requirements for navigational and safety equipment. She boasts stabilizers, a bow thruster, a hydraulic stern marina for easy access to the sea, and a sun deck with a Jacuzzi. Much of the deck area is shaded for protection from the sun. Meals are served buffet-style in the dining room, which can accommodate all guests at one seating. In the spirit of private yachting, a full open bar is provided each day: spirits, wine, beer, soft drinks, bottled water, coffee, and tea are complimentary. Each of the ship’s 18 cabins has efficient air-conditioning and heating along with private en suite facilities. The five Main Deck cabins have exterior access and relatively heavy sea doors for safety. Single, double, and triple accommodations are available.

**Program Rates Include**
All accommodations and meals as specified in the itinerary • All excursions as specified in the itinerary • Full program of briefings, lectures, and presentations • Group transfers for all participants on group arrival and departure days • Baggage handling • Gratuities to porters, waitstaff, guides, and drivers • Gratuities to shipboard personnel • Entrance fees • Welcome and farewell receptions • Full open bar on board *Running on Waves*—wine, beer, alcoholic beverages, bottled water, soft drinks, coffee, and tea • Bottled water on motorcoaches • Professional tour manager throughout

**Program Rates (per person)**

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<th>CATEGORY</th>
<th>DOUBLE</th>
<th>SINGLE</th>
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<tr>
<td>C</td>
<td>$6,995</td>
<td>$11,895</td>
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<tr>
<td>129 SQ. FT., TWO PORTHOLES, UPPER AND LOWER TWIN BEDS, SHOWER</td>
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<td>B</td>
<td>$8,495</td>
<td>$14,445</td>
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<tr>
<td>118 SQ. FT., TWO PORTHOLES, DOUBLE BED OR TWO LOWER TWIN BEDS, SHOWER (CABIN 22 HAS TWO LOWER TWIN BEDS AND ONE UPPER TWIN BED)</td>
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<tr>
<td>A</td>
<td>$8,995</td>
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<tr>
<td>129 SQ. FT., TWO PORTHOLES, DOUBLE BED OR TWO LOWER TWIN BEDS AND ONE UPPER TWIN BED, SHOWER</td>
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<tr>
<td>Premium 2</td>
<td>$10,995</td>
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<tr>
<td>151 SQ. FT., TWO LARGE WINDOWS, 1 SKYLIGHT, DOUBLE BED, SEATING AREA, SHOWER</td>
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<td>Premium 1</td>
<td>$11,495</td>
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<tr>
<td>172–194 SQ. FT., ONE OR TWO LARGE WINDOWS, TWO SKYLIGHTS, DOUBLE BED, SEATING AREA, SHOWER</td>
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<tr>
<td>Owner’s</td>
<td>$12,495</td>
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<tr>
<td>Suite</td>
<td>215 SQ. FT., TWO LARGE WINDOWS, TWO SKYLIGHTS, DOUBLE BED, SEATING AREA WITH LARGE SOFA (CAN ACCOMMODATE A THIRD PERSON), SHOWER</td>
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Triple rates for third person in cabin: category B: $5,495; category A: $5,995; Owner’s Suite: $7,995

Double beds measure 71”x51” to 73”x53” and twin beds measure 71”x31.5”

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*Running on Waves* — wine,
GENERAL INFORMATION

PROGRAM RATES DO NOT INCLUDE U.S. domestic and international airfare • Passport/visa expenses • Medical expenses and immunizations • Travel insurance • Optional excursions or deviations from the scheduled tour • Private or independent transfers between the airport and hotel/ship other than arranged group transfers • Excess baggage charges • Meals not specified in the itinerary; dishes and beverages not part of the included meals • Laundry or dry cleaning • Telephone, email, and fax charges • Room service • Other items of a personal nature

TERMS & CONDITIONS

AIRFARE
U.S. domestic and international airfare is not included in the program rates. Information about making flight arrangements will be sent to all participants.

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NAME #1 (as on passport) __________________________ BIRTHDATE ____________
NAME #2 (as on passport) __________________________ BIRTHDATE ____________
STREET ADDRESS __________________________________________
CITY / STATE / ZIP / POSTAL CODE ____________________________
HOME PHONE __________________________ WORK PHONE __________________________
E-MAIL(s) __________________________________________

PAYMENT
O Enclosed is my check for $ ______________ ($1,000 per person), to reserve _____ place(s) on Greece: Circumnavigating the Peloponnese
OR O Charge the deposit to my credit card (circle one):

VISA MC AMEX Diners Club Discover

NAME ON CREDIT CARD __________________________
CARD # __________________________ EXP. DATE ____________ SECURITY CODE ____________
SIGNATURE AS IT APPEARS ON CREDIT CARD __________________________ DATE ____________
SIGNATURE __________________________ DATE ____________

CATEGORY PREFERENCE
1st Choice ____________ 2nd Choice ____________
Bed Preference (not guaranteed): O One bed O Two beds

SINGLE TRAVELERS
O I prefer to have single accommodations.
OR O I plan to share accommodations with:

I understand that if a roommate cannot be found by the final payment deadline of January 20, 2016, I will pay the single rate.

SIGNATURE __________________________ DATE ____________
SIGNATURE __________________________ DATE ____________